



## WELCOME TO A DIFFERENT KIND OF ADVENTURE, LAUNCHING YOUNG PEOPLE FOR LIFE TODAY

**Raising attainment • Inspiring social action • Inclusion**

At Sea Cadets we work closely with schools to reach young people, helping them take advantage of the amazing opportunities on offer through Sea Cadets. You may already be familiar with our links in your community, or Sea Cadets maybe new to you. We would like to share with you what Sea Cadets offers young people and hope that you would like to take the opportunity to learn more about us, link in with our virtual assembly offer, or access our resources for teachers.

### **What we do**

We are a national youth charity offering young people aged 10 to 18 life-changing nautical adventure with a heritage based on the customs and traditions of the Royal Navy. We offer a range of qualifications and training from BTEC to RYA accredited courses, helping them to build skills and have an advantage as they start out in life. Today, 14,000 young people based in 400 units in towns, cities and ports across the UK are challenging themselves and developing new skills, supported by 9,000 volunteers.

### **Raising attainment**

Sea Cadets offers a safe place for young people aged 10-18 to progress with pathways that link to the Five Ways to Wellbeing by being connected to their community, being active, taking notice of themselves and others, continuing to learn new skills and giving their time to support others. We help young people to find balance, build confidence and resilience, and boost mental health and wellbeing.

### **Programmes are linked to National Awards and Schemes**

Both our Junior and Cadets programmes are linked to nationally recognised awards and schemes. Our programmes aim to provide young people with training that can prepare them for work and industry as well as become well rounded individuals. Our module outcomes fulfil assessment criteria for:

- Crest Award
- Sport England Young Leaders
- Earth shot Prize
- Duke of Edinburgh

### **Our Sea Cadets tell us they improve in:**

- confidence
- feeling more in charge of themselves
- leadership
- comfortable speaking to anyone
- brilliant team player
- new skills
- someone with positive habits and thinking
- being more adaptable
- feeling motivated

### Sea Cadets find:

- school gets better
- getting that job gets easier
- they can overcome challenges more confidently
- they are valued in the community where they live

### Inspiring social action

One of our key goals is to support and nurture community working. Sea Cadets was built by communities over 160 years ago. Community plays a significant role in helping young people develop into positive and confident young adults. Everybody needs community and social action is something we are passionate about.

### Inclusion - we don't want anyone to miss out

Everyone is welcome at Sea Cadets and although cadets give a small weekly subscription and contribute or fund raise towards the cost of the skills training, they gain at Sea Cadets, no young person is going to miss out on something because they can't afford it. We work with schools with high numbers of Pupil Premium pupils using donations, gifts in wills, and grants to top up funding we receive from the Royal Navy so we can discreetly help teenagers who are struggling financially, to level the playing field, so everyone can join in with everything and try new possibilities. Sea Cadets also has a great track record of supporting young people with SEND, or just those who may struggle to 'fit in' or lack confidence.

*'Naysha is very sensitive. But here you have to pick yourself up. She's become calmer. Better at making friends. She has a sense of self now, it's not any more about what others want to do. It's about confidence. About acknowledging you can fail, but you can still make the future right.'*

**Michelle, mum of Naysha, 15, Clapton**

### Learning & Qualifications

Our Marine Engineering Pathway (MEP) programme is just one of the ways Sea Cadets works with schools across the UK to offer STEM and curriculum linked opportunities. At our Sea Cadet units and divisions our young people and volunteers can gain qualifications in:

- Royal Yachting Association – Sailing, Power – boating and Navigation,
- British Canoeing Union - Paddle sports
- BTEC's in Marine Engineering, Music and Public Service
- St John's Ambulance Brigade - Youth First Aid, Activity First Aid and First Aid at Work
- Duke of Edinburgh's Award - Bronze, Silver and Gold Awards
- British Sub Aqua Club - Ocean Diver and Sports Diver
- Institute of Leadership and Management - all membership grades

### When we meet

With lots of activities both on and off the water, our Sea Cadets enjoy regular weekly meetings throughout the year. Our weekend activity sessions are extremely popular too, particularly in the summer months. Our qualified instructors and volunteers keep all our Sea Cadets positively supported outside of school, with safeguarding at the heart of everything we do.

If you think the Sea Cadets is something your staff and pupils would find inspiring further information and access to all our virtual resources for schools (including virtual assemblies) please contact us.